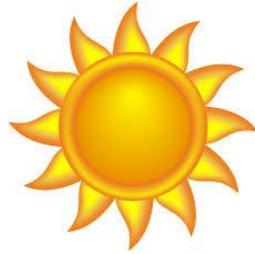


Contact us on 01283 362 722
or email shona@neishconsultancy.co.uk



June Newsletter

Although none of us expected such significant changes in the economy, the way we live and the way we work, many businesses have had to change every aspect of the working environment.

We are in a position now where we are all starting to plan forward and it is our joint responsibility as organisations and team leaders, to get the economy back up and running.

Here at Neish Consultancy, we have been asked many times how we can bounce back and we have been helping a number of people, in various situations, to start to think positively about the future.

We have designed a series of programmes to help us achieve this by giving a clear pathway that we can confidently work towards a better normal.

Career Coaching

For those of you who are taking voluntary service, facing redundancy, or deciding that this is the right time for a change, we are offering a career coaching programme.

This programme will start at the basics of exploring exactly what it is you are looking for from your career and getting your CV and cover letters up to scratch.

We will begin the journey together and we will be standing your side until you have successfully gained a new role and are settled in.

With regular coaching sessions and access to us when something happens such as an opportunity arises, or an interview is scheduled, we will be with you every step of the way.

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This is a programme that will provide practical support and help you find the right thought-provoking answers.

Our programme can be self-funded or funded by your organisation as part of the support they offer.

The programme costs £1,100.00 + VAT and is seen by many as an investment to ensure your future is led by you.

Email shona@neishconsultancy.co.uk to start a conversation about how this could work for you.



I would have never thought to ask for coaching but realise now, in hindsight, that I would have struggled without the support I had and the guidance to help get things back on track. So, thank you again Shona, I really appreciate it."

Rebecca Keeley

Change Management Programme

We are now Managing Change in the 'new norm' and for us this means taking our training programmes on-line.

Our 3-part on-line Change Management programme explores tools and techniques to help you define what this looks like for you and your organisation.

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With lots of interaction, challenges and fun along the way, this programme will cover: -

- Why, when, what and how change occurs
- Recognising barriers to change
- Kotter's and Lewin's change models
- The Kubler Ross Change Curve
- How to manage emotion in change
- The confidence and skills to apply change in the workplace
- Action planning

The planned dates are: -

1. Wednesday 17th 2020 1.00 pm – 3.00 pm
2. Wednesday 24th June 2020 1.00 pm – 3.00 pm
3. Wednesday 1st July 2020 1.00 pm – 3.00 pm



The course costs £99.00+VAT for all three sessions.

Email shona@neishconsultancy.co.uk for more information or to book your place

For those of you who prefer the more traditional type of training we will be running a workshop for 4 delegates on one-day session in Derby on Tuesday 14th July for £150.00 + VAT

For more information please email shona@neishconsultancy.co.uk

Have a look at our blog to get a taste of some of the tools we will cover.



Change
Management Blog.p

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Leadership Coaching

Leadership can be challenging for many, and this challenge has now moved to a new level. Many of us will need to learn different ways of dealing with new situations that are occurring daily. Our Leadership Coaching Programme is an opportunity to help you work out the way forward to your leadership and organisation, this course will help you: -

- Take the to focus on you. You don't have to listen to or ask the Coach anything about them. It is only about you.
- Shona isn't emotionally involved and whatever decision(s) you make will not impact her, therefore she will not be trying to move you in a particular direction in the way friends or family may. She remains completely impartial, and supportive in any decisions you come to.
- There are no judgements in a Coaching session so you can be completely honest.
- You will walk away feeling in control.

Email Shona@neishconsultancy.co.uk to book in a free trial before you buy session.

The cost for a 6-month Leadership Coaching Programme is £1,500 plus vat.



"Shona's style is extremely adaptable, and Shona allowed me the time and space to work through the sessions in my own way, while ensuring that the sessions were structured and focused. It also held me accountable for my goals and objectives, in a supportive manner, as we factored in sessions in a timely fashion – meaning there was no time for excuses! A friendly supportive mechanism to keep you on the right track.

Shona used probing questions to help me challenge my thought process and in turn I achieved far more than I ever thought I could. Shona was professional but encouraged a relaxed approach which truly helped me to speak openly and more importantly honestly. I trust Shona irrevocably. The trust I have for Shona and her incredible knowledge and outlook helped me achieve my goals.

With ever-thankful wishes."

Rosie Mellers

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Developing Inspirational Leaders Programme

Our Developing Inspirational Leaders Programme can be perfect for a range of people and team members.

Those who may be promoted to team leaders soon will gain the tools and skills they require to hit the ground running. Those already in leadership roles will gain new ways of working and a network of people to share experiences and challenges with. More senior leaders in the organisation can gain formal training and grow in confidence, as they refresh their skills and build confidence throughout the 7-months of the programme.

To talk through the benefits of this programme call Shona on 07766001780 or email adele@neishconsultancy.co.uk to book a time for Shona to call you.

“I cannot recommend the DILPS course enough. My expectation of personal growth have certainly been exceeded. We were expertly led by Shona from Neish Consultancy through the tricky sometimes complex world of leadership and I am now equipped with my management tool bag of strategies to further develop my career.

Learning came from a mixture of discussion, debate, personal experience sharing and most definitely humour. Shona gave us the freedom to learn in a non-judgmental atmosphere. Her unique skill of coaching was invaluable. I would recommend this course for all levels. An absolute must for anyone hoping to develop leadership skills or for those leaders who need a chance to reflect and grow. An investment that is worth every penny.”

Melanie Mallinson