

Reframing of Behaviour Exercise

From the previous access, choose five labels from your group's list and complete the worksheet

Label	Difficult Behaviour	Describing Behaviour	Possible reasons
Lazy, ignorant, apathetic	Won't contribute ideas in meetings	<ul style="list-style-type: none">• Silence• Not speaking Up• Not sharing thoughts	<ul style="list-style-type: none">• Lack of confidence• Doesn't like speaking in meetings• Likes to think about solutions before giving them